

## **New-Ark Leaders of Health Application School Year 2018-2019**

New Jersey Health Initiatives Next Generation Community Leaders 2018 – Newark, NJ

### **Are you ready to make a change in the City of Newark?**

The Abbott Leadership Institute at Rutgers University Newark, in partnership with the City of Newark and Mayor Ras Baraka's Office of Youth and College Affairs, invites you to help make Newark healthier by becoming a New Jersey Health Initiative Next Generation Community Leader (NGCL)!

We are currently recruiting for the New-Ark Leaders of Health 2.0, Newark's second cohort of the New Jersey Health Initiative Next Generation Community Leader (NGCL) program, which is a statewide initiative funded by the Robert Wood Johnson Foundation. The program provides training and guidance from community based experts, to better understand topics around community health. If accepted, you will work with your peers and project coaches to create and implement a youth led project to address a community health issue. This is a two year commitment, and there will be fall, spring and summer activities to achieve this goal. Plus, you get paid!

By the end of the project, you will have the skills, knowledge and confidence to work with municipal governments, coalitions focused on health, school boards, and other organizations to build healthier and more vibrant communities. You will be change agents; you and your peers will have contributed to the city in a positive way. The participating youth will also be a part of an alumni network to continue their leadership path and stay connected to their peers across the state as they move into the next phase of their lives.

### **NJHI Next Generation Community Leaders possess:**

1. *An interest in working with your peers, and becoming agents of change within Newark.*
2. *An interest in developing leadership, organizing, interpersonal and communication skills.*
3. *An interest in learning about the various physical, environmental, social, and emotional health issues affecting youth, adults and the Newark community as a whole.*
4. *An interest in learning how to use the media to spread awareness.*

**Positions are open for youth ages 14 to 21. You must commit to the following:**

### **NJHI Next Generation Community Leader Commitments:**

1. *Be committed to the project; your participation and attendance is essential.*
2. *Attend four monthly meetings (afterschool and on Saturdays) with your coaches and youth cohort, lasting 2 hours each.*
3. *Attend a two day youth retreat to be held September 22<sup>nd</sup> to the 23<sup>rd</sup>.*

#### **Compensation:**

1. *Bus tickets and transportation to meeting. Food will be served when applicable.*
2. *\$9.00 per hour for 8 hours a month*
3. *Community service hours!*

For more information contact Israel Alford at [israel.ali@rutgers.edu](mailto:israel.ali@rutgers.edu) 973.353.3531.

**New-Ark Leaders of Health Application**  
**School Year 2018-2019**

**Student Information:**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Please Circle: Male/Female  
 Address \_\_\_\_\_ Apt \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Ward \_\_\_\_\_ Email Address \_\_\_\_\_  
 Home Phone Number \_\_\_\_\_ Cell Phone Number \_\_\_\_\_

**Parent/Guardian Information**

Parent/Guardian Name \_\_\_\_\_ Relationship to Student \_\_\_\_\_  
 Email Address \_\_\_\_\_ Home Phone Number \_\_\_\_\_  
 Cell Phone Number \_\_\_\_\_ Work Phone Number \_\_\_\_\_

**School Information**

School Name \_\_\_\_\_ Grade \_\_\_\_\_ Type of School \_\_\_\_\_  
 Year of Graduation \_\_\_\_\_ Guidance Counselor’s Name \_\_\_\_\_  
 Guidance Counselor’s Phone Number \_\_\_\_\_ Guidance Counselor’s Email \_\_\_\_\_

**Survey Questions**

Are you an ELL Student? **Yes or No** Do you qualify for Free/ Reduced Lunch? **Yes or No**  
 Race/ Ethnicity \_\_\_\_\_

Please list all organizational affiliations:  
*This can include clubs in your school, youth programs in your community, boards that you sit on, or etc.*  
*(Make sure to list your role in the organization)*

\_\_\_\_\_  
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 \_\_\_\_\_  
 \_\_\_\_\_  
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 \_\_\_\_\_  
 \_\_\_\_\_

Activities participated in within the last two years:

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 \_\_\_\_\_  
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**Essay Question (Required): 250-300 words Choose One.**

1. Choose a public health issue facing your community. What do you think is a root cause creating this issue? A root cause is defined as “the fundamental reason for the occurrence of a problem”  
Based on the root cause, provide an idea for a solution.
2. What role can youth leadership play in moving Newark forward?

*I have read all of the requirements and commitments for the New Jersey Health Initiatives Next Generation Community Leaders project. I agree to participate as outlined. I also understand that failure to miss meetings without proper notice, or failure to participate in project activities will result in my dismissal from the program. I also understand that this program has a two year commitment.*

Student Name: \_\_\_\_\_ Student Signature: \_\_\_\_\_

*I can attend the two day retreat, Sat. September 22, 2018 through Sunday September 23, 2018*      Yes \_\_\_\_\_ No \_\_\_\_\_  
*(program requirement)*

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_